

NLMC 2024 SPEAKER INFORMATION

Thank you so much for agreeing to speak at NLMC 2024 online in November. We are thrilled about this conference and deeply appreciate your time and expertise.

Some key points

Programme

- You can view the near-final programme here. Please check the time of your presentation slot as soon as possible. If the allocated time poses any issues, let us know so we can make adjustments.

Speaker guidelines

- Speaker guidelines are included in this pack. Please review them before preparing your talk. We need your final slides by Friday 1st November.

Sessions

Each talk will be part of a chaired session. Typically, each speaker has 20 minutes, followed by a shared 30-minute Q&A. We will contact each session group to clarify content and timings, as there may be minor variations.



On the day

Conference times: 9:50 - 17:40.
Please check the programme for your session times.

We would love for you to join us for the entire day, but if you're only attending your session, please join 15 minutes beforehand to allow time for sound and lighting checks.
Additional joining instructions will follow.

If you encounter any issues on the day, feel free to contact us at the following numbers:

Karen Lee +44(0)7969 984997
Claire Lynch +44(0)7722 544247

Mobile number

Please provide us with your mobile number in case of emergencies on the day.



Speaker guidelines

We are honoured to have you as a speaker at NLMC 2024, online.
Please take note of these guidelines whilst preparing your presentation:

Mission and values of Plant-Based Health Professionals

Plant-Based Health Professionals UK provides education and advocacy on whole food plant-based nutrition and lifestyle medicine for prevention and treatment of chronic disease, as well as for supporting planetary health.
PBHP UK promotes a food first approach to nutrition and avoids promotion of supplements.

Our values include compassion, inclusivity and equality. Please see our DEI here.

Consider the audience

We expect our audience to include many doctors, nurses, dietitians, nutritionists, and other healthcare professionals. As this is a CPD-accredited event, please highlight statistics, patient case studies, and other resources. Additionally, since some attendees may be from the wider public, ensure sufficient explanation and interpretation. Most attendees are from the UK, with some from Europe.



Content

Please prepare your presentations in Microsoft PowerPoint, using slides in landscape format (16:9 aspect ratio).

Include any relevant conflicts of interest on the first or second slide.

If relevant, please discuss social determinants of health, such as health inequality, race, culture, gender, and socioeconomic factors. Also, consider including discussions on planetary health. Contact us with any questions - we are happy to chat to you about this.

Please do not use identifiable patient case studies; use composite cases instead.

Please do share your personal story if relevant, as audiences find it relatable.

Please avoid using animal studies; there are thousands of excellent studies that do not feature the use of non-human animals.

Ensure your talk fits within the allocated time. Session chairs will enforce strict time limits. A general guide is to aim for 1 slide per minute, so a 20-minute allocation should have around 20 slides.



Sending us your presentation in advance
- deadline Friday 1 November 2024

Presentation slides in Microsoft PowerPoint should be sent for review by 1st November 2024, which is 8 days prior to the conference.

A copy of your slides in PDF format will be shared with the registered attendees, so if there is any unpublished data you do not wish to share, please remove these before sending a separate PDF version.

Please email your slides to plantbasedhealthprofessionals@gmail.com. A file sharing app such as WeTransfer works well.

Recordings

Please note that by agreeing to do this talk, you are consenting to recording of your presentation and live Q&A. We will have this available for attendees to view post-conference.

And finally...

Please sign and return (email below) the speaker agreement found here asap.

If you have any questions, please contact us.

Claire Lynch, Education Lead, Plant-Based Health Professionals UK
claire@pbhp.uk
Website nlmc.org.uk

We are so excited to have you at NLMC 2024!